

Holistic Massage for Women

at

East Surf Cabanas

The Holistic Massage is designed specifically to help get rid of 'toxins' accumulated mentally, physically and spiritually, due to the stressful lifestyle women deal with in today's western culture.

The Holistic Massage is a silent therapy that allows your energy to flow from head to toe and start the natural process of self balancing. Listening inwardly, perceiving insight and intuition.

Free yourself from pain, knots, fear, doubts, and winter blues with this therapeutic session. Boost your immune system and fluidity of movement; revitalize and rejuvenate.

*Using local oils and fragrances,
this treatment is done by Raffaella
~ UK qualified Massage Therapist since 2002 ~
Rs3000 for 1 hour
for bookings call 07798 29439*

How to find us:

head south, towards the water tower;
30m after the water tower turn left;
we are at the end of the road, behind the blue house.
By tuk tuk: ask for **East Surf Cabanas**
or 'Sudu's place, after the water tower'

